



Healthy Starts Committee  
Resource Guide for Pregnant and Parenting Teens

The Alignment Nashville Healthy Starts Committee is leading a community-wide effort to develop a **Resource Guide for Pregnant and Parenting Teens** that will be used by school counselors, administrators, teachers, and others working with pregnant and parenting teens. The committee's goal is to include as many resources as possible that are available for pregnant and parenting teens, including but not limited to:

- Insurance/TennCare enrollment or alternative medical coverage
- Access to prenatal care
- Food security/nutrition services
- Information about healthy pregnancy lifestyle
- Tobacco/alcohol/drug cessation programs
- Transportation
- Mentoring
- Case management services
- Parenting skills
- Childcare
- Outreach to specific neighborhoods/ethnic groups
- Reproductive life planning
- Additional support services (WIC, home visits, etc.)

The resource guide will be available in both print and online format, making it easy to access and update as needed. If your organization has a resource that you would like to be included in the first printing of the resource guide, please go to <http://www.alignmentnashville.org/members/invite/every-child-deserves-a-healthy-start-in-life--37> to submit brief information about the services to be included. Please enter your contact information as directed on this page, and then follow these instructions for completing the remainder of the form:

**Description of services to be delivered:** please provide a brief description of the services, including specific information about your target population and eligibility criteria (if applicable) for receiving services (i.e., age, parental consent requirements, income level, etc.). Also include information about fees for services, location of services, and service hours (if applicable).

**Capacity of organization to deliver services:** please provide a brief statement about your organization's capacity to provide services to be listed in the resource directory, addressing the expectation that you will likely have an increase in demand for services due to the availability of the resource guide.

**How the organization plans to collaborate to deliver services:** please describe any collaborations with other organizations to deliver service. Also indicate if your organization is willing to be involved in periodic network meetings to review the resource guide and develop a "Healthy Mom Passport."

**Documentation of organization's previous success:** please provide a brief statement about your organization's expertise/qualifications to provide services. Also include a brief statement about number of people receiving these services over the most recent year.

**Additional requested information:** If needed, please use this space to provide additional information about your services.

Please submit your proposal by June 30, 2009.

If you have any questions about the event or the proposal process, please contact Melissa Jagers, Associate Director – Alignment Nashville, at 615.862.5004 or [melissa.jagers@nashville.gov](mailto:melissa.jagers@nashville.gov).