

Health Activities and Resources for Educators (H.A.R.E.) ITP

Invitation To Participate™ Alignment Nashville Primary Care Committee Health Activities and Resources for Educators (H.A.R.E.)



Committee Vision: Every child will have access to primary care / Children and youth are physically healthy / Vaccine-preventable diseases are eliminated.

Description: The Alignment Nashville Primary Care Committee seeks to collaborate with MNPSSchool Health Department, School Nurses, Coordinated School Health and Healthy School Teams, Metro Health Department, community health providers and other community partners to promote access to and utilization of primary care and to improve the overall physical health of children and adolescents in Metropolitan Nashville.

The HARE tactic, **Health Activities and Resources for Educators**, creates a framework for schools to easily incorporate various health components in both the classroom and other school activities and events.

Classroom resources will include feature articles, suggested speakers or presentations, community resources, suggested classroom or school activities as well as out of school activity suggestions. Newsletters will mirror the theme used in the classroom and will include educational components, suggested family activities, an 'ask' the expert segment and additional family resources. All components will be geared toward increasing awareness of the health needs of children and adolescents at various stages and to provide education towards improving student health and utilization of primary care.

2014 PILOT SCHOOLS

I.T. Creswell Middle Arts Magnet
John Early Middle School

Target Population: MNPS Middle School Students and Families

What do we want to do?

SHORT TERM OUTCOMES

1. Increase knowledge of and utilization of community health-oriented resources in schools by 25%.
2. 50% of middle school students tracked reflect improved understanding of the importance of preventative care and healthy lifestyle.

Additional Benefits of the Tactic...

Increase families' understanding of the various physical health and well-being needs and concerns of adolescents.

INTERMEDIATE OUTCOMES

1. Increase 7th grade immunization compliance by 10%.
2. Increase number of adolescents aged 10-14 utilizing primary care services by 10%.

LONG-TERM OUTCOMES

1. Improved Children's Health
2. Nashville is America's Healthiest City for Children

SERVICES NEEDED FROM THE COMMUNITY:

Resources provided to school staff will include a listing of suggested classroom or school activities, classroom or school speakers and/or presentations and activity suggestions. The committee is seeking community partners to offer these services in conjunction with designated health themes to reinforce opportunities for education and awareness.

Pilot themes for spring 2014

- January – Wellness / Preventative Care (Staying well through the winter)
- March - Nutrition / Healthy Eating (Getting ready for spring)
- May – Safety / Injury Prevention (Out of school safety)

ITP submissions for inclusion as a school resource may include, but are not limited to, the following:

1. Speaker
 - a. Classroom
 - b. School
 - c. Parent group
 - d. Other
2. Interactive classroom presentation
3. All-school presentation ('school assembly')
4. Video
5. Community-based programming
6. Health-oriented community event
7. Other

Release Date: November 18, 2013

Community Meeting Date: December 3, 2013

Deadlines to Respond:

December 9, 2013 for Wellness/Preventative Care

February 1, 2014 for Nutrition/Healthy Eating

April 1, 2014 for Safety/Injury Prevention

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