

Coaching Pilot

One of the leading causes of teens dropping out of school is that they become pregnant or become a parent. In a recent documentary released by America's Promise, many teens expressed that they wish that they had had someone there for them to help them stay on track before they decided to drop out.¹ The **Healthy Starts Alignment Team** (or "A-Team") wants to train professionals in the Nashville/Davidson County area who already work with pregnant and parenting teens to become coaches for them and to help them stay on track.



What is coaching?

ICF defines coaching as partnering with clients in a thought-provoking and creative process that inspires them to maximize their personal and professional potential, which is particularly important in today's uncertain and complex environment. Coaches honor the client as the expert in his or her life and work and believe every client is creative, resourceful and whole. Standing on this foundation, the coach's responsibility is to:

- Discover, clarify, and align with what the client wants to achieve
- Encourage client self-discovery
- Elicit client-generated solutions and strategies
- Hold the client responsible and accountable

This process helps clients dramatically improve their outlook on work and life, while improving their leadership skills and unlocking their potential.

What's in it for me?

This pilot is designed not to change but to enhance the work that professionals already do within this particular population. Participation in this coaching pilot will offer professionals an innovative and structured approach to working with pregnant and parenting teen girls and will help in increasing high school graduation rates. This collective impact approach will also provide opportunity for networking and achieving significant social change.

About this Pilot

Who: Target Population: Professionals working with pregnant and parenting teen girls in the community, school professionals, pregnant and parenting teens, and faith-based organizations.

What: As a coach, professionals will help teens stay on track with school and/or work while still being able to take care of their child. Coaches will establish a coaching plan with the teen according to their own personal goals. The main role of the coach will be to help the teens to complete their coaching plan and utilize the Healthy Starts resource guide as a tool to help address any barriers that may prevent the teen from success. The coach will be expected to follow their teens in the coaching process from the start of the process through until the completion of their coaching plan.

When: The Healthy Starts "A-Team" plans to begin this pilot initiative in Summer 2016. This will be an 18-month commitment for trained coaches.

Where: Coaching locations will be determined at the discretion of the coach and the student. The initial coaches' training location is currently TBA.

1. Zaff, Jonathan, PhD. "Don't Quit On Me." Don't Quit On Me - GradNation. September 16, 2015. Accessed April 05, 2016. <http://www.gradnation.org/report/don't-quit-on-me>.

How: The Healthy Starts A-Team is soliciting professionals in the community that would like to be a part of this coaching pilot. If you currently work with any pregnant or parenting teens we would like to invite you to respond to this Invitation to Participate (ITP™). To respond, please visit [our website](http://www.alignmentnashville.org/healthy-starts-coaching-pilot) (listed below) and create a user account to access the response form.

<http://www.alignmentnashville.org/healthy-starts-coaching-pilot>

Pilot Goals and Timeline

<i>PILOT GOALS</i>	<i>TIMELINE</i>
<i>Short-term</i> <ol style="list-style-type: none">1. 100% of students who participate in the coaching pilot create a coaching plan.	ITP Release Date: Monday, May 2, 2016 Community Meeting Date: Tuesday, May 24, 2016, 1:30pm-3:00pm, Hadley Park
<i>Mid-term</i> <ol style="list-style-type: none">1. At least 75% of the participating students complete their coaching plan.2. At least 50% of students who are coached stay enrolled in school by the end of the 2016-2017 school year.	ITP Response Deadline: Friday, July 8, 2016 Organization Interviews: Monday, July 18, 2016 - Friday, July 22, 2016 Notification to Approved Organizations: Friday, July 22, 2016 Coaches Training: August/September 2016 (exact dates TBA)
<i>Long-term</i> <ol style="list-style-type: none">1. Increase career readiness rate.2. Increase high school graduation rate.	Pilot Program Implementation: October 2016 - April 2018

Response Form Questions

1. Organization Name *(Required)*
2. Contact Name and Title *(Required)*
3. Please describe your work with teens *(Required)*
4. How often do you interact with pregnant and parenting teen girls? *(Required)*
5. What (if any) previous experience have you had in coaching or mentoring youth? *(Required)*
6. Why do you want to become a coach? *(Required)*
7. With coaching or mentoring, what are your strengths and weaknesses? *(Required)*
8. Is there any additional information that you would like to share? *(Optional)*