

INVITATION TO PARTICIPATE

Behavioral Health Resource Guide for School Professionals

Alignment Nashville Behavioral Health Committee

Date of Release: June 20, 2010

Must be Submitted by: July 7, 2010

Project Overview:

The Alignment Nashville Behavioral committee has identified the need to categorize and centralize providers of behavioral health services in the Davidson County area for professionals in the education setting (MNPS counselors, social workers, psychologists, etc.) into a printed resource guide. The Behavioral Health committee also has determined that the services of these providers can be categorized into three general areas of specialization: (1) Promotion & Prevention, (2) Early Recognition & Intervention, and (3) Crisis Intervention.

Services Request:

The committee has identified the need for the following services in MNPS schools

- **Promotion and Prevention**
Activities, programs, and services available for students that focus on the promotion of positive mental health and wellness as well as the prevention of specific mental health related problems. These services are to be preventative in nature (i.e. Moozie Teaches Kindness from the Children's Kindness Network).
- **Early Recognition and Intervention**
Activities, programs, and services that outline what to do when there is a concern about students' mental health, which requires the recognition that there is a need and the ability to intervene or make a referral for intervention (i.e. school based counseling/case management services)
- **Crisis Intervention**
Activities, programs, and services in place to recognize, address, and manage, situations that require immediate or urgent mental health services, such as when a student demonstrates severely aggressive, disturbing, or threatening behavior; talks about wanting to die or hurt oneself; or witnesses violence on school grounds.

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Overview of Alignment Nashville

The purpose of Alignment Nashville (AN) is to align the community's resources in support of public education. Our goal is to improve the achievement of all school children through a citywide partnership initiative that will provide important and needed services to the schools. Your expertise and programs are critical to the success of Alignment Nashville. We hope that you will join us in this effort.

Benefits to Participating Organizations

Participation in this pilot provides your organization with the following benefits:

- Improvements in outcomes for all Nashville children, particularly those who need additional support to realize their potential.
- Opportunities to contribute in areas in which you have specific skills and capacities.
- Opportunities for collaboration and for building individual agency capacity.
- Data and measurable results to support outcome reporting to funding agencies.
- The opportunity to be a partner with a city-wide initiative to redesign, elevate, and increase the effectiveness of the delivery of services to Nashville's school children.
- The ability to work directly with Metro schools, and to establish a strong relationship with key administrators and teachers.
- The opportunity to receive matching funds through grant requests by AN to foundations and other sources of support. Your organization's contribution of resources to the work of AN will enhance your potential to be a recipient of related funding.

Invitation to Participate Process

This committee has developed a pilot project to align the resources of community organizations – non-profits, government agencies, colleges and universities, businesses, faith-based organizations, and others – in support of a common goal. The Invitation to Participate (ITP) process provides these community organizations with an opportunity to propose ways that they can align their existing resources for increased impact on student outcomes. The committee will review proposals based on organizational capacity and expertise, willingness to collaborate, and likelihood of success.



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Behavioral Health Resource Guide for School Professionals

Introduction

The Behavioral Health committee has identified a need to create both a printed resource guide and a collaborative online resource guide of community resources and mental health service providers to assist professionals in the school setting. This guide will address various levels of service for students and/or families needs identified as:

1. Promotion and Prevention
2. Early Recognition and Intervention
3. Crisis Intervention

Committee Members

Andy Finch	Vanderbilt University
Tim Adgent	Juvenile Court
Tony Artates	Healthways
Rhonda Ashley-Dixon	Vanderbilt Psychiatric Hospital
Shirley Berry-Yates	Vanderbilt University
Lisa Bilton	MNPS
Reb Buxton (Sub-Committee Chair)	Lifecare Family Services
Colleen Coffey	National Mental Health Awareness Campaign
Michael Cull	Vanderbilt University
Ann Cumbie	MNPS - School Counselors
Erin Daunic	STARS Nashville
Rodger Dinwiddie	Center for Youth Issues/STARS
Sonya Dobbs	MNPS
Vickie Fleming	MNPS
Eulonda Ford	MNPS
Lisa Marie Ford	AN - Clerical Support
Judy Freudenthal	Oasis Center
Kathy Gracey (Vice-Chair)	Vanderbilt University
Joy Guss	Bellevue Middle School
Beth Hail	Centerstone
Trish Hayes	Public Defender's Office
Eric Johnson	STARS Nashville
Susan Douglas Kelley	Vanderbilt
Michael Kirshner	Mental Health Cooperative, Inc.
Susan Lyle	MNPS Coordinated School Health
Darwin Mason	MNPS
Debra McAdams	MNPS
Michael McSurdy	Oasis Center
Marcy Melvin (Vice-Chair)	Centerstone
Lauren Munn	Centerstone School-Based Services
Maury Nation	Vanderbilt University
Kelly Noser	MNPS - Kelly Noser Consulting
Marlene Pardue	Metro Nashville Police Department

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Noel Philpo	Mental Health Association of Middle TN
Gini Pupo-Walker	MNPS
Susan Ragsdale	Center for Asset Development
Scott Ridgway	Tennessee Suicide Prevention Network
Denise Rollins (Chair)	MNPS
Joy Stewart	Parent/West End IB
Millie Sweeney	Tennessee Voices for Children
Per Thomas	DCS
Angie Thompson	Metro Health Department
Neely Williams	IMF/Peniel Initiative

Goal Selected

To identify and categorize the availability of community resources that support behavioral health services for MNPS.

Strategy Selected

Ensure all MNPS staff, students, and families have access to behavioral health services in the area of Promotion & Prevention, Early Recognition through MNPS personnel identified as school counselors, social workers,

Tactic Designed by Committee

- 1) Develop a resource/referral guide of organizations and non-profits that have programs or initiatives that build socialization skills and character education traits for elementary school children for utilization by principals, assistant principals, school counselors, media specialists, and teachers at all MNPS elementary schools.
- 2) Creation and training of the Mental Health 101 professional development presentation by MNPS staff (social workers, school counselors, psychologists) to school staff.
- 3) Full day professional development days (Mental Health In Schools)

Project Explanation

General Description

The Behavioral Health Committee is seeking to create a resource guide (printed and online version) that will give professionals in the education setting (counselors, social workers, psychologists, etc.) easy access to relevant information regarding behavioral health services within the community.

Additionally, working with community resources and Nashville Metropolitan Schools, the Behavioral Health Committee's resource guide is intended to support social-emotional learning and to enhance the behavioral health of students in Davidson County.

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Target Population

School professionals in the education setting (counselors, social workers, psychologists, etc.) will benefit by having an updated resource guide of services in the community as well as an online collaborative platform that will enhance their ability to connect resources to students and families.

Subsequently, students and families with behavioral health needs will benefit from the professionals having updated resource guides.

Needed Information from Community Service Providers

- Identify what level(s) of service your organization provides:
 - Promotion & Prevention
 - Early Recognition & Intervention
 - Crisis Intervention
- Description of Service for each designated level:
 - Promotion & Prevention
 - Early Recognition & Intervention
 - Crisis Intervention
- Fees associated with provided services, if any
- Updated Contact Information & Referral Process

Expected Dates of Implementation

The printed resource guide is expected to be available to school professionals at the start of the 2010-2011 school year.

The collaborative online resource guide's completion date is to be determined and is dependent upon award of the aforementioned grant proposal.

Expected Outcomes

The following outcomes are expected as a result of creating a Resource Guide.

- 1) Identification of appropriate wellness and behavioral health services by school professionals for student/families
- 2) Address the issue(s) with the appropriate level of service intervention
- 3) Increase collaboration between school professionals, community agencies, and service providers

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Submission Directions

Organizations who submit a proposal in response to this ITP must agree to the following statements of intent and conditions:

- This will be a collaborative effort. To achieve the goals of AN, organizations will need to work together to provide services.
- While there are currently no financial resources to support the effort in the short-term, AN intends to seek significant resources to support successful models for collaboration and delivery.
- Your organization may need to redirect resources, personnel and otherwise, to participate in this project.
- Alignment Nashville has a small staff and is also supported by leadership from Metro Schools. These resources will be used where feasible to support your efforts.
- When delivering services in the schools, your organization must comply with MNPS policies.
- Your organization agrees to report resources contributed to committee work quarterly, using AN forms and processes.
- Your organization will be asked to provide process and output information (i.e., services actually provided, number of students served, student demographics, sites, etc.) on an annual basis.

Assessment Strategies

- 1) Survey school professionals 6 months after implementation to determine the efficacy of the printed copy and online Resource Guide
- 2) Survey service providers 6 months after implementation of printed guide and online system to assess benefits and areas where improvements are needed

If you agree to the above statements of intent and conditions, we invite you to submit a proposal by July 7th, 2010 on the Alignment Nashville website by clicking the following link: <http://alignmentnashville.org/showForm.php?formID=14>.

Please be prepared to provide the following information:

- Organization name:
 - Contact name:
 - Mailing address:
 - City:
 - State:
 - Zip:
 - Email:
 - Phone:

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- Description of services to be delivered:
- Capacity of organization to deliver these services:
- How the organization plans to collaborate to deliver services:
- Documentation of the organization's previous success:
- Additional information (include information about your organizational capacity and plans to document your activities and outputs as well as to measure the outcomes of your program):

**If you have questions regarding the pilot project or the ITP process,
please contact:**

Glen Biggs , Associate Director, Alignment Nashville
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