**Jessica’s Revenge**

Jessica and Carolyn used to be best friends. A few weeks ago, Jessica found out that Carolyn had told some personal stuff about her family to another girl in their grade. She was so mad. She decided to get back at her by inviting a few friends for a sleepover and elicited their help in posting embarrassing stuff about Carolyn on Facebook, including a picture that Jessica had taken of Carolyn when her face was all puffy from an allergic reaction to something she had eaten.

1. Jessica told people she was doing this to teach Carolyn a lesson. Do you think her actions are justified? Why/why not?
2. What are some other ways that Jessica could have dealt with her angry feelings toward Carolyn?
3. What could the other girls have been thinking about when they helped?
4. What could the other girls have been thinking about when they helped Jessica post that stuff about Carolyn?
5. What can Carolyn do when she sees the posts?

**Dan’s story:**

I was on my way to class when Scott, a friend of mine, knocked my backpack on the floor. I looked at him with surprise, because he was supposed to be a friend of mine. “What’d ya do that for?” I asked. Scott just looked at me, laughed and kicked my bag closer to a group of boys standing near the lockers. The boys grabbed my bag, opened it up and emptied all the contents on the floor. They all got down on their hands and knees and started looking through my stuff laughing and making fun of me! It was so embarrassing. I had private stuff in there! Stuff that I didn’t want everyone to see. It was between classes so the hallway was filled with other kids, many who stopped to watch what was going on.

1. Imagine you are one of the kids who walked by Dan getting bullied.
2. What are some things that you could do that may make the situation worse for Dan?
3. What are some things that you could do to help Dan?

**Noel and Bridget’s story:**

Noel and Bridget are in the 10th grade and have been friends since the first day of high school. Bridget had a slumber party last weekend and invited all her friends, except for Noel. When Noel found out, she was angry and hurt. To get back at her, she decided to upload a photo from her cell phone of Bridget sitting on the toilet that she had taken as a joke and forgot to delete. She sent the picture to everyone on her buddy list.

1. What might the other kids who received the email think or do?
2. What are other ways that Noel could have handled her hurt feelings?
3. What would you advise Bridget to do when she sees the email?

**How Would I Feel If … Scenarios**

Think about how you would feel if this happened to you and what kinds of things could someone else say or do to show they care?

You watch one of your friends perform in the school play and they forget their lines.

How is she/he feeling?

|  |
| --- |
|  |

How can I show her/him I care?

|  |
| --- |
|  |

**How Would I Feel If … Scenarios**

Think about how you would feel if this happened to you and what kinds of things could someone else say or do to show they care?

Your best friend has recently started to pick on another student in the class. At first, you thought it was funny, but lately, the teasing has gotten meaner and meaner. You can tell that the student is becoming more and more upset, but other kids in the class think it’s funny.

How is she/he feeling?

|  |
| --- |
|  |

How can I show her/him I care?

|  |
| --- |
|  |

**How Would I Feel If … Scenarios**

Think about how you would feel if this happened to you and what kinds of things could someone else say or do to show they care?

Over the summer, a kid your age moved into your neighborhood and you and some other guys became friends. It’s now the first day of school and while walking into the cafeteria with your best friend, you see the kid sitting alone. You make eye contact and begin to smile, but your best friend sees and says, “Oh no! Do you know each other? That kid is in my class and is so annoying!” The kid sees your friend’s reaction and turns away, looking really sad.

How is she/he feeling?

|  |
| --- |
|  |

How can I show her/him I care?

|  |
| --- |
|  |