

GoNoodle

BRAIN BREAKS

for every part of the day

Stretch

Run

Dance

Focus

Energize



"When my students hit the 2pm droop,
I JUST SAY 'GONOODLE' AND THEY COME ALIVE!
We get back to work and end the day very productively."

- Greg S., Kindergarten teacher

Sign up for free at [GoNoodle.com](https://www.gonoodle.com)

CORE-ALIGNED BRAIN BREAKS

keep students moving and learning



BodySpell

Choose from grade specific lists or create your own to turn spelling into an interactive, whole-body experience.



Freeze It!

Play speedy rounds of flashcards to explore math, geography, emotions and more.



Word Jam

Students explore word meaning and parts of speech in an energetic sequence.



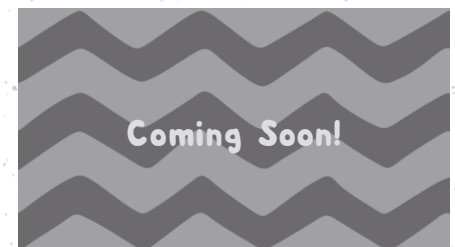
Mega Math Marathon

Practice grade-specific math fluency while students run a virtual marathon.



Montana James and the Palace of Peril

Practice grade specific grammar concepts with cross-lateral movements to stimulate the brain.



Field Trip

Run, jump, duck and dodge your way on a field trip while learning science and technology facts.

Learn more at

www.GoNoodle.com/plus-for-schools